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## 2013 End of Year Summary



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Last Updated 10-Dec-2013

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### Learning Objective

By the end of this class, you will:



- Understand the changes to training classes and operations procedures that occurred during 2013
- Be aware of some additional changes that are coming soon

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### Agenda

- Enhancements to "Antenna Fundamentals" class
- Enhancements to packet network
- Enhancements to training program
- Message passing and logging

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## Antenna Fundamentals End of Year Summary



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### All You Need to Know about Antennas

$$\nabla \cdot \mathbf{D} = \rho$$

$$\nabla \cdot \mathbf{B} = 0$$

$$\nabla \times \mathbf{E} = -\frac{\partial \mathbf{B}}{\partial t}$$

$$\nabla \times \mathbf{H} = \mathbf{J} + \frac{\partial \mathbf{D}}{\partial t}$$

Maxwell's Equations

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### What is a decibel?

- The **decibel (dB)** is a **logarithmic** unit that indicates the **ratio** of a physical quantity (usually power) to a **specified reference level**.

$$dB = 10 \log_{10} (P_{meas} / P_{ref})$$

- 1 dB = 26% change
- 3 dB = 2 times change
- 10 dB = 10 times change
- 20 dB = 100 times change

- 1 dB is the smallest change in sound detectable by an average listener

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### Antenna Gain

Gain – ratio of power received (or transmitted) in a specific direction (azimuth and elevation) relative to a reference source

- Gain is quoted for the point of maximum gain
- May be for antenna in free space (typical)
- Or above the ground and includes ground effects

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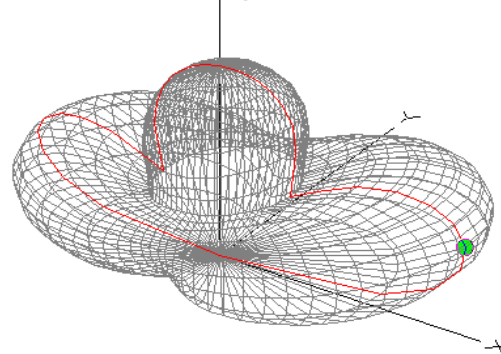
### Antenna Pattern

Pattern – a collection of gain measurements for a range of angles in azimuth and elevation

May be a table or graphical view

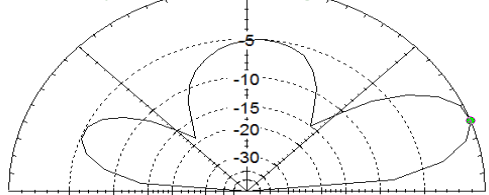
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### 3D Pattern of a Yagi (beam) Antenna



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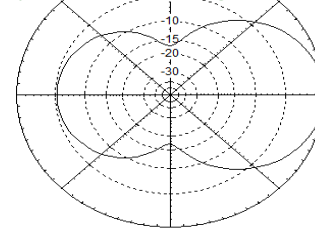
### Elevation pattern of a Yagi antenna



Elevation Plot		Cursor Elev	
Azimuth Angle	0.0 deg	Gain	20.0 deg
Outer Ring	8.46 dBi	Gain	8.46 dBi
			0.0 dBmax
			0.0 dBmax3D
3D Max Gain 8.46 dBi			
Slice Max Gain 8.46 dBi @ Elev Angle = 20.0 deg.			
Beamwidth 23.8 deg. -3dB @ 10.3, 34.1 deg.			
Sidelobe Gain 3.34 dBi @ Elev Angle = 85.0 deg.			
Front/Sidelobe 5.12 dB			

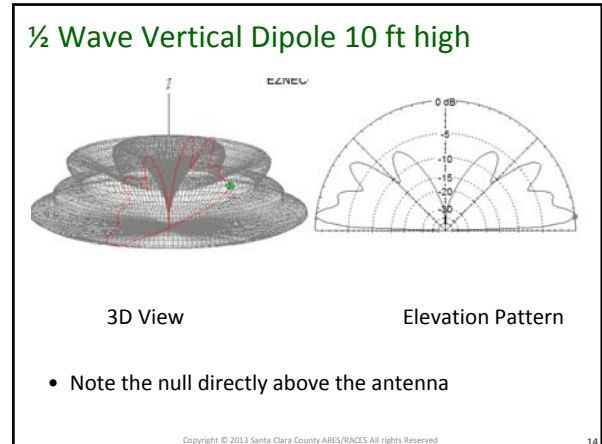
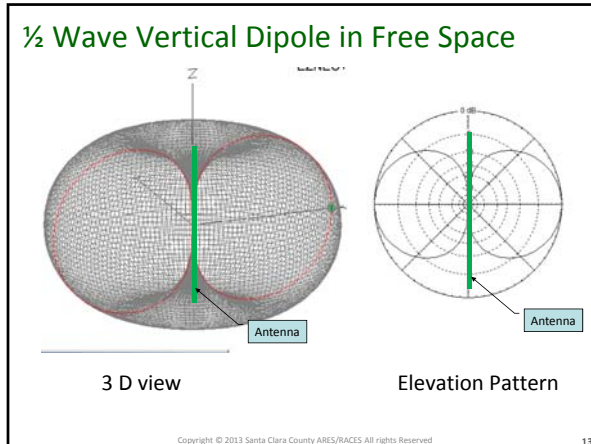
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### Azimuth pattern of a Yagi antenna



Azimuth Plot		Cursor Az	
Elevation Angle	20.0 deg	Gain	0.0 deg
Outer Ring	8.46 dBi	Gain	8.46 dBi
			0.0 dBmax
			0.0 dBmax3D
3D Max Gain 8.46 dBi			
Slice Max Gain 8.46 dBi @ Az Angle = 0.0 deg.			
Front/Back 5.2 dB			
Beamwidth 75.9 deg. -3dB @ 322.0, 37.9 deg.			
Sidelobe Gain 3.26 dBi @ Az Angle = 180.0 deg.			
Front/Sidelobe 5.2 dB			

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### Typical Antenna Gain Specifications

- dBi – dB referenced to an isotropic antenna
  - Isotropic antenna radiates equally in all directions
- dBd – dB referenced to a dipole antenna
  - 0 dBd = 2.15 dBi

Typical gains

¼ wave ground plane	0 dBd	2.15 dBi
½ wave dipole	0 dBd	2.15 dBi
J-pole (end fed ½ wave)	0 dBd	2.15 dBi

- For antennas likely to be used for ARES/RACES other factors will be important
  - Portability, mounting, weight, supporting structure, etc.

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### Antenna Placement

- Perform a site survey and assess
  - Overhead wires and other hazards
  - Traffic patterns, non-intrusive to others
  - Location relative to operating position
  - **Where will the cables go?**
- Clear path to intended users
  - Height
  - Building blockages
- Tradeoffs
  - Minimize trip/fall hazards
  - High enough for needed coverage, low enough to be safe
    - Wind
    - Stability of supporting structures, tripods, etc.

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### Antenna Placement

- For multiple radios, exploit the pattern nulls
  - Use vertical separation
  - Horizontal separation may help, as well

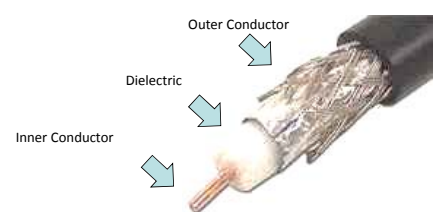
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## Coax Cable

Connecting the radio to the antenna

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### Anatomy of Coax Cable



- Impedance depends on ratio of diameters of Inner and Outer conductors and type of dielectric
- Power handling and loss depends of insulating qualities of the dielectric

### Common Types of Coax Cable

- Table of common cable types and approximate losses at VHF/UHF

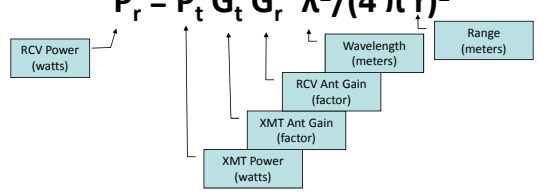
	Dia	Loss per 100 ft.		Cost/ft
		144 MHz	440 MHz	
RG-58	0.195"	7.6	13.0	\$ 0.59
RG-8X	0.242"	4.8	8.4	\$ 0.59
LMR 240	0.240"	3.4	5.2	\$ 0.79
RG-8U	0.405"	2.6	4.4	\$ 1.59
RG-213	0.405"	3.0	5.0	\$ 1.69
9913	0.405"	1.8	2.9	\$ 1.49
LMR 400	0.400"	1.7	2.7	\$ 0.99

### What is SWR?

- Standing Wave Ratio (SWR)
  - Measure of the amount of power that goes into the antenna compared to the power reflected back to the radio
  - 1.0 No reflected power, perfect match
  - 1.5 20% reflected power
  - 2.0 33% reflected power
- For VHF/UHF, you should keep SWR below 2.0
- Most commercial antennas will be below 2.0 SWR "out of the box"
- Can be checked with an SWR meter or Antenna Analyzer

### "On a clear day, you can talk forever"

All you need to know....  
(in real numbers, not dB)

$$P_r = P_t G_t G_r \lambda^2 / (4 \pi r)^2$$


### In Decibel form...

$$P_r(dBw) = P_t(dBw) + G_t(dBi) + G_r(dBi) - \alpha$$

**Path loss  $\alpha = 20 \log(Rf) + 37.8$**   
 R = range in NM, f = freq in MHz

- How far can you talk with a 5 w HT on 2m with dipole antennas? ARRL says -117dBm is a good FM signal

$$-117_{dBm} = 37_{dBm} + 2.1_{dBi} + 2.1_{dBi} - \alpha_{dB}$$

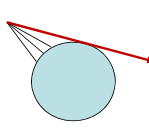
$$\alpha = 117 + 37 + 2.1 + 2.1 = 158.2$$

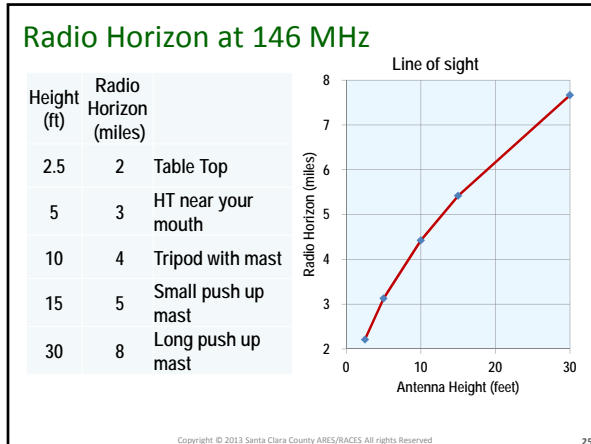
$$158.2 = 20 \log(R * 146) + 37.8$$

$$R = 7,172 \text{ NM}$$

### Limitations to Line of Sight

- Obstacles
  - Buildings, hills, mountains, canyons, etc.
- Curvature of the earth -
  - Signal travels in a straight line
  - When it hits the horizon it goes straight into space
- Farthest you can on Earth is when both parties share a common horizon
- Radio Horizon =  $1.4 * \sqrt{H(ft)}$  miles





### RF Safety Evaluation

- License requires evaluation
- FCC Bulletin OET 65 Appendix B is written specifically for hams
- Keep human exposure below specified levels
- Table shows when evaluation is required
- Power level includes both transmitter power and isotropic gain of antenna
  - Dipole => 2.15dBi

Band	Power	Band	Power
160m	500 W	6m	50 W
80	500	2	50
40	500	1.25	50
30	425	70	70
20	225	33	150
17	125	23	200
15	100	13	250
12	75		
10	50		

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### From OET Bulletin 65 Appendix B...

- VHF/UHF - Less than 50 watts radiated, no evaluation needed
- Safe exposure distance from the antenna for 50 watt transmitter and antenna from Bulletin 65 (worst case)

	(dBi)	(feet)
144(2m)	3	10.6
	6	14.9
222(1.25m)	3	10.6
	6	14.9
450 (70 cm)	3	8.6
	6	12.2

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## Packet Networking 2013 End of Year Summary

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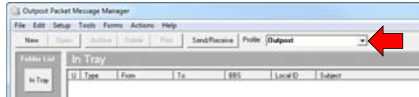
- ### Agenda
- Outpost Enhancements
  - PacFORMS Enhancements
  - Network Enhancements
  - Preview of Upcoming Enhancements
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### Outpost Enhancements

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### Profiles

- Allows different combinations of Outpost settings to be stored under a single profile name
  - Example: Primary and backup BBS, TNC selection
- Switch between profiles without restarting Outpost
- “Outpost” profile is set with the default Santa Clara County Settings

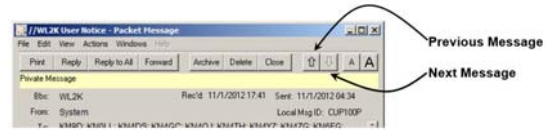


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### Message Navigation

- Up and Down arrows on message forms allow easy movement to previous or next message
- No need to close message, then open next message

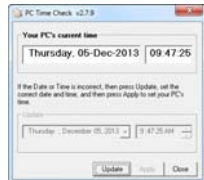


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### PC Time Check

- Old and/or seldom-used PCs are usually not set to the correct time
- Outpost and PacFORMS use PC time
- Causes incorrect and confusing information
- On startup, Outpost now displays current time and offers chance to update it

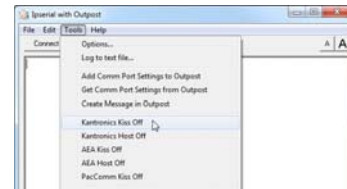


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### Ipserial: Turn off KISS and HOST modes

- Some other packet applications may not properly exit KISS or HOST mode
- Return to command mode requires sending obscure control characters to the TNC (or else full reset!)
- New Ipserial menu options do this for you!



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### New Serial Comm Library

- Previous
    - Worked great with hardware comm ports
    - Struggled with USB-to-Serial adaptors on Windows7 64 bit machines.
  - This new library offers several improvements
    - Better USB-to-serial adaptor tolerance
    - Outpost now recognizes comm ports up to COM99
    - Better Linux/Wine operability. While Outpost still does not run native on Linux and it has not been fully tested, it now works with both hardware serial ports and USB-to-Serial adaptors on Linux.
- !!! Until fully tested, Outpost on Linux should be considered a Pilot.**

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### USB-to-Serial Adapter Testing

- 13 of the most common USB-to-Serial adapters were tested with Outpost
- Information on selecting adapters posted to web site
  - <http://www.scc-ares-races.org/packet/usb-serial-adapters.html>
- Adapter test results summarized and posted to scc-packet
  - <http://groups.yahoo.com/group/scc-packet>

Manufacturer	Model	Chipset	Length	Parity	Speed	Connector	Outpost USB Port	Outpost COM Port	Manufacturer URL
Adaptec	AS1625E	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-2	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-3	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
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Adaptec	AS1625E-74	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-75	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-76	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-77	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-78	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-79	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-80	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-81	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-82	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-83	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-84	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-85	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-86	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-87	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-88	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-89	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-90	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-91	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com
Adaptec	AS1625E-92	FT232RL	1.8m	None	115200	USB to RS-232C	COM1	COM1	www.adaptec.com</

### Global Message Numbering

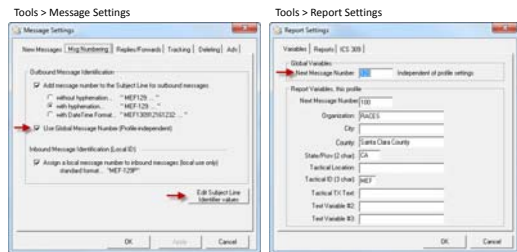
- What Is It?
  - Outpost automatically generates the next message number when you send a new message
  - Profiles were added in the last version, but message numbering was on a per-profile basis
  - If you don't pay attention to how you set up the profiles, you could cause duplicate message numbers
  - Example:
    - Create Profile 1, next message number = 100
    - Create Profile 2, next message number = 100
    - Send a message using Profile 1; assigned msg # is 100
    - Switch to Profile 2
    - Send a message using Profile 2: assigned msg # is 100; **Duplicate!**

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### Global Message Numbering

- How to Use It
- Global message numbering is now the default
- To update old profiles ...



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### New Default Message Number Format

- Improves readability
  - FS1234 vs. FS1-234
- Update your old profiles
  - Tools > Message Settings

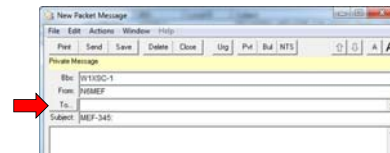


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### Improved Address Handling

- BBS-style
  - Allows use of “#” character (ex: kn6pe@w1xsc.#nca.ca.usa.noam)
- SMTP-style
  - Now supports standard address formats (with/without “< >”)
  - Allows use of 2-char top-level-domains (ex: user@host.domain.eu)
  - No longer sends delivery receipts to “mailer-daemon”
    - Considered bad practice to respond to mailer system messages

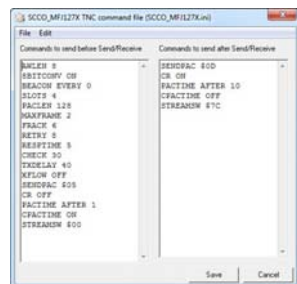


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### New TNC Command Files

- Optimizes channel utilization for two additional TNCs:
  - MFJ 127X
  - TAPR TNC2

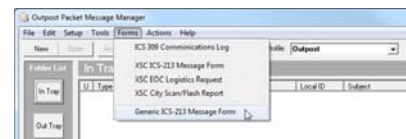


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### Return of Generic ICS-213 Form


- Use XSC ICS-213 Message Form in Santa Clara County
- Use Generic ICS-213 Message Form elsewhere
  - Communications to/from Regional EOC
  - Communications to/from other counties



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### PacFORMS Enhancements

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### New Logistics Form

- Matches updated form in county EOC




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### 7-bit Compatibility

- Previously, PacFORMS used some 8-bit ASCII characters (¿¥€) for internal formatting purposes
- These were normally stripped out when the PacFORM was received and displayed in the browser
- But if a 7-bit system was in the transmission path, these characters would be corrupted, resulting in lost formatting and extra “?” symbols in messages
  - Examples: e-mail systems; some really old TNCs
- PacFORMS now uses only 7-bit ASCII characters

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### Network Enhancements

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### Bulletin Area Name Change

Name	Purpose & Usage
xscperm	<ul style="list-style-type: none"> <li>Official operating info needed by all network users every day</li> <li>Examples: tactical call list, primary and alternate BBS assignments, frequency list</li> <li>Replaced previous “perm” area</li> <li>Does not expire; requires sysop to remove bulletins</li> </ul>
xscevent	<ul style="list-style-type: none"> <li>Official operating info related to emergency incidents, public service events, drills or other types of activations</li> <li>Information changes over time</li> <li>Examples: official instructions, plans or informational updates specific to the current activation, current operational period</li> <li>Expires after one day</li> </ul>
xsctest	<ul style="list-style-type: none"> <li>Unofficial. For testing purposes only.</li> <li>Users can send test bulletins here to avoid using official bulletin areas</li> <li>Expires after one day</li> </ul>
allxsc	<ul style="list-style-type: none"> <li>Multi-purpose bulletin area for future use</li> </ul>

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### W1XSC Frequency Change

- 2m access frequency on W1XSC changed
  - Previous: 144.990 MHz
  - Current: 145.750 MHz
- New frequency is in repeater-prohibited portion of the band



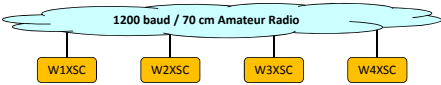
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### Enhanced Backbone Connectivity

- XSC BBSs currently connected via 1200 baud RF on 70 cm band

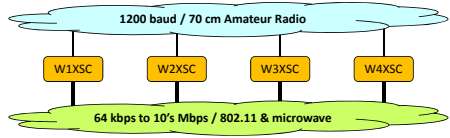


- Advantages
  - Reliable (1200 baud is VERY forgiving)
  - Easy to maintain (deviation can be set by ear, if necessary)
  - Has handled even the heaviest drill traffic without any problem
- Disadvantage
  - 440 radio/TNC failure can isolate an individual BBS
  - It does limit us if we want to move toward higher bandwidth services in the future, including large/binary attachments

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### Enhanced Backbone Connectivity

- In 1Q2014, all sites will have higher speed, alternate connectivity of at least 64 kbps; 440 RF as backup



- Equipment is currently on order and will take some time to install (especially given winter weather)

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### Mesh Networking

- Currently, user access speed is limited to 1200 baud on 2m or 1.25m bands

- Advantages:
  - Deployable:** FROM ANYWHERE in the county, TO ANYWHERE in the county, without the Internet or ANY additional infrastructure
  - Survivable:** Access 2+ backbone sites from anywhere, no Internet required
  - Fast/Functional:** Send small text messages about as fast as with internet e-mail (< 30 sec to send a form or text message)
- Disadvantages:
  - Limits reasonable message size to approx. 10k bytes (+/-)
  - Limits traffic to text messages (no audio, video, or large binary file attachments)

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### Mesh Networking



- Mesh networking may be a good option
  - Automatic configuration, operation
    - User doesn't need to know routing protocols
    - Cover as much or as little as local hams desire
  - Operates at multiple Mbps
    - Multiple traffic types: voice, video, large binary files
  - Low cost hardware is available on eBay; easy to update
  - Uses ham portions of 802.11 bands
    - We can use much better antennas, higher power (with no encryption)
- But ... very, VERY line-of-site limited
  - Even trees are a problem at 2.4 GHz
  - It takes many, many nodes to reach the same distance as existing methods
- Still ... we're going to give it a try ...

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### Mesh Networking

- Some initial "tinkering" underway; more in 2014
- For more information
  - <http://www.broadband-hamnet.org/>
    - Custom software and instructions
    - Read thoroughly before you buy anything!
- Come join the fun
  - <http://groups.yahoo.com/group/scc-mesh>
    - New Yahoo group set up to discuss mesh networking in Santa Clara County
  - SVECS Breakfast, January 25, 2014
    - <http://www.svecs.net>
    - Program: "Toward an Integrated Electronic Messaging System"
    - Covers enhancements to our data networking capabilities made over the last three years, plus a preview of what's coming next

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### Training Program Changes

Santa Clara County ARES®/RACES  
Last Updated 10-Dec-2013



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### New Event Planning Class (Part 1 of 2)

- Intended audience
  - ECs and AECs
  - MAC Type 1 candidates
  - Any others who will be planning events
- Prerequisite
  - Any type 2 class (Field Ops, Net Control, Packet)
- Agenda
  - Type of planning situations
  - The planning process
  - Planning an event
  - Problems and pitfalls

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### Night Classes


- Saturday morning classes not possible for some
  - Work or family obligations
- We will experiment with night classes in 2014
- Field Operations classes will be the first such trial
- Attendance and feedback will determine what happens after that
- Check the event schedule for details

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## Messaging Passing and Logging



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### A few reminders ...

... based on experience from recent events

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### Prowords

- Introductory Words for Groups
  - Said BEFORE the object to which they refer
  - Examples: “figures”, “telephone figures”, “initial”, “initials”, “mixed group”, “mixed group figures”, “amateur call”, “email address”, “packet address”, “internet address”, ...
- Prowords, operational words
  - Said AFTER the object to which they refer
  - Examples: “I spell”, “I say again”, ...

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### Exercise: Prowords and Introductory Words

Use the proper prowords and introductory words to make sure the following information is properly conveyed:

- |                                      |                                      |
|--------------------------------------|--------------------------------------|
| • 123                                | • N6MEF                              |
| • A123                               | • N6MEF/P                            |
| • 123B                               | • (214) 867-5309                     |
| • 123 Apartment B                    | • w6xrl4@w2xsc.ampr.org              |
| • 123 Apt B                          | • w6xrl4@w2xsc.nca.ca.usa.noam       |
| • K Street                           | • http://www.scc-ares-races.org      |
| • Kay Street                         | • Supercalifragilisticexpialidocious |
| • 1 <sup>st</sup> Street             | • Sesquipedalianism                  |
| • 123 Apt B, K Street                | • Get me a jelly donut!              |
| • 456 Apt 4B, Kay Street             |                                      |
| • 789 Ste B1, 1 <sup>st</sup> Street |                                      |

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### Say Again ...

- ... word after \_\_\_\_
- ... word before \_\_\_\_
- ... all after \_\_\_\_
- ... all before \_\_\_\_
- ... between \_\_\_\_ and \_\_\_\_

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### Exercise: Say Again

Use the proper "say again ..." phrase to request the missing information

- Michael is a \_\_\_\_ instructor.
- \_\_\_\_ is a better instructor.
- This class is \_\_\_\_.
- On Saturday mornings, I prefer to be \_\_\_\_.

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### ICS-213 Transmission Process

- Sender (wait for ACK after each step)
  - Message #, Date, Time
  - Severity, Handling, Requests
  - To, From
  - Subject
  - Reference (if any)
  - Message - 5 words at a time
  - "End of message"
- Receiver
  - ACK each section or request fill
  - ACK end of message followed by ...
  - "My message number is <#>. This is <call sign>."
  - Fill in Operator Info
- Sender
  - ACK Msg # / Fill in receiver's message #
  - "This is <call sign>"
  - Fill in Operator Info

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### Say Again ... for Multi-Station Message

- If you are the pacing station, you can use "say again ..." each time the sender pauses during transmission
- Otherwise, you have to wait until after the entire message is transmitted
- Use field name to quickly isolate the desired word(s):
- Say again <field name> ...
  - Say again message number
  - Say again situation severity
  - Say again to location
  - Say again subject
  - Say again message (ouch!)
  - Say again message, word after ...
  - Say again message, between ... and ...
- Use more than one word to describe location, if needed
  - Say again message, word after "Pinky and the"

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### ICS 309 – Communications Log

- Our version: ICS 309-SCCo
- Net Control Operators and stations with high message traffic
- Columns help organize key message tracking info
- Does not replace 214
  - EVERYONE fills out a 214
- Turn in to supervisor at end of shift
- Instructions on back

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### ICS 309: Header and Footer

- When you start a new page, fill in the header

<b>COMM Log</b>		1. Incident Name and Activation Number		2. Operational Period (Date/Time)	
ICS 309-SCCo ARES/RACES		Transylvania Mummy Race TSV-13-13		Oct 31, 2013 Oct 31, 2013 From: 2000 To: 2359	
3. Radio Net Name (for NCOs) or Position/Tactical Call			4. Radio Operator (Name, Call Sign)		
Resource Net			Herman Munster, W6XRL4		
<b>5. COMMUNICATIONS LOG</b>					
Time (24:00)	FROM		TO		Message
	Call Sign/ID	Mag #	Call Sign/ID	Mag #	

- When you complete a page (or the net) fill in footer

6. Prepared By (Name, Call Sign)		7. Date & Time Prepared		Page 1 of 1	
Wolf Man, K6WOOF		Oct 31, 2013, 2359			

ICS 309-SCCo ARES/RACES (rev. 2/09-Sep-03)

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### ICS 309: Shift Change

- Record outgoing and incoming Net Control/Scribe
- Make it clear, obvious what happened

COMMUNICATIONS LOG					
S. Time (24.00)	FROM		TO		Message
	Call Sign/ID	Mag #	Call Sign/ID	Mag #	
	[ End of shift H&W Check entries ]				
1300	-----	-----	-----	-----	---- SHIFT CHANGE ----
	-----	-----	-----	-----	Outgoing NCO=<call sign>; Scribe=<call sign>
	-----	-----	-----	-----	Incoming NCO=<call sign>; Scribe=<call sign>
	[ Log continues ]				

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### ICS 309: Activity on Another Form

Be sure to record all activity, even if using another form

- ICS 213 Message Form

COMMUNICATIONS LOG					
S. Time (24.00)	FROM		TO		Message
	Call Sign/ID	Mag #	Call Sign/ID	Mag #	
1327	XNDEOC		XND-107		Inventory Status

- Crowd Count (Los Altos Festival of Lights)

COMMUNICATIONS LOG					
S. Time (24.00)	FROM		TO		Message
	Call Sign/ID	Mag #	Call Sign/ID	Mag #	
1745	-----	-----	-----	-----	Conducted 1 <sup>st</sup> crowd count; see crowd count form

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### And Finally: Staying Current

- Today's purpose was ...
  - To review *changes* to training and operational procedures that occurred over the past year (and a few that are coming soon)
- Obviously ...
  - This is only effective for those who are already familiar with the training and operations procedures in place the year before
- So ...
  - If you haven't taken the base classes in the last two years and/or you haven't practiced at least a few times by attending a few drills/events per year, you won't have the whole story
- Therefore ...
  - To keep current and maintain top skill levels, you need to attend full training classes at least every two years and attend a few drills/events each year.

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### The End ... For Now

Thanks  
See you next year!

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